



## Ravens Plan In Motion

### *Granting a Future of Fitness*

The Baltimore Ravens All Community Team Foundation (RACTF) is committed to improving, encouraging and enabling the healthy development of youth in the Baltimore area, as well as other parts of the state of Maryland. As such, the RACTF will initiate the **Ravens Plan in Motion** project in 2007, providing grants of up to \$5,000 to qualifying nonprofit organizations that initiate and/or continue programs or projects that promote physical fitness and nutrition education.

Inactivity among our nation's youth is a great concern to the Ravens All Community Team Foundation. Research shows that kids who play sports or are physically active are less likely to participate in negative behaviors. Here is some data that concerns us:

- More than 1/3 of young people in grades 9-12 do not engage regularly in vigorous physical activity.
- Only 15% of urban youth participate in organized youth sports, compared to 85-90% who play in the suburbs.
- Children spend an average of four hours per day sitting in front of a screen, whether it's a television, video game or computer.
- One in five children in the U.S. is overweight. Childhood obesity can lead to increased risk for serious health issues such as heart disease, stroke, diabetes and certain types of cancer.

The Ravens All Community Team Foundation is committed to increasing physical activity among area youth and has designed this grant program to encourage healthy youth activities. The RACTF will consider funding requests that meet the criteria listed below.

- Programs or projects must be directed at **youth (5-18)** and must promote physical fitness and/or nutrition education.
- Organizations that submit requests must be a 501 (c) 3 organization.
- The request must be for a program or project. Through the **Ravens Plan in Motion** project, the RACTF **will not** consider funding for the construction of buildings/fields/etc.
- Programs or projects must take place in Maryland.

Example programs and projects include after-school programming that features physical activity as its main component, initiating a walking club in a school or neighborhood, or purchasing fitness equipment (medicine balls, jump ropes, pedometers) for an existing program. Creative ideas, including enhancements to existing programs, are encouraged.

### **2007 Ravens Plan in Motion Project Calendar**

April 1, 2007 – May 31, 2007	Applications Accepted
June 2007	RACTF Grant Decisions
July 13, 2007	RACTF Grant Awards Announcement
August 1, 2007 – July 31, 2008	Project Implementation

**Ravens Plan In Motion  
2007 Grant Application Form**

**Please complete the following information (no longer than three pages).**

**I. Organization Information**

Name of organization \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Telephone \_\_\_\_\_ Web Site address \_\_\_\_\_

Contact person \_\_\_\_\_ Title \_\_\_\_\_

What geographical area do you serve? \_\_\_\_\_

Federal Tax ID number \_\_\_\_\_

Brief Description of organization \_\_\_\_\_

Year Founded \_\_\_\_\_ Are recent audited financial statements available? **Y** \_\_\_\_\_ **N** \_\_\_\_\_

Have you previously applied to Ravens ACT Foundation for a grant? **Y** \_\_\_\_\_ **N** \_\_\_\_\_ When \_\_\_\_\_

**II. Program or Project Information**

Brief description of need for the program \_\_\_\_\_

Brief description of program and participants, including projected \_\_\_\_\_

Description of how funds will be used \_\_\_\_\_

Description of what the program hopes to achieve (How do you define success? For example, more kids will be attending the program, participants will learn a new sport, children will gain knowledge of healthy eating habits) \_\_\_\_\_

Description of how the organization will evaluate success \_\_\_\_\_

Number, Qualifications of program staff \_\_\_\_\_

Program start date \_\_\_\_\_ Program end date \_\_\_\_\_

Total amount required for program \$ \_\_\_\_\_ Total raised to date \_\_\_\_\_

Total amount requested from Ravens ACT Foundation \$ \_\_\_\_\_

Program Coordinator \_\_\_\_\_

Program Coordinator signature \_\_\_\_\_

Date \_\_\_\_\_

### **III. Additional Information**

On a separate sheet, please provide the following:

- A narrative or brochure describing your organization.
- A one page budget for your program or project.
- A copy of 501 (c) 3 IRS determination letter or equivalent documentation of tax exempt status.

**Please send all completed application materials to:**

**Ravens All Community Team Foundation  
Ravens Plan In Motion Project  
1 Winning Drive  
Owings Mills, MD 21117  
410-701-4000**